



ANNUAL
2022

REPORT
2023

 *antara* foundation

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Welcome to The Antara Foundation's Annual Report for 2022-23!

In the pages that follow, we invite you to journey with us as we explore the milestones, challenges, and triumphs of the past year. This report is your window into our commitment to improving maternal and child health in India. Let's dive in →

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About Us



WHO WE ARE

At The Antara Foundation, our mission is clear – to strengthen the last-mile delivery of public health solutions.

Our belief

We firmly believe that the health of mothers and children hinges on timely and quality healthcare. It's as simple as that.

Our Approach

To make this happen, we collaborate with the government, enhancing the capabilities of frontline healthcare workers, harnessing the power of data for smarter decision-making, and encouraging communities to aspire for better healthcare.

Our Solutions

Think of our solutions as tools designed to work seamlessly at scale, ensuring sustainability and ease of implementation on the ground.



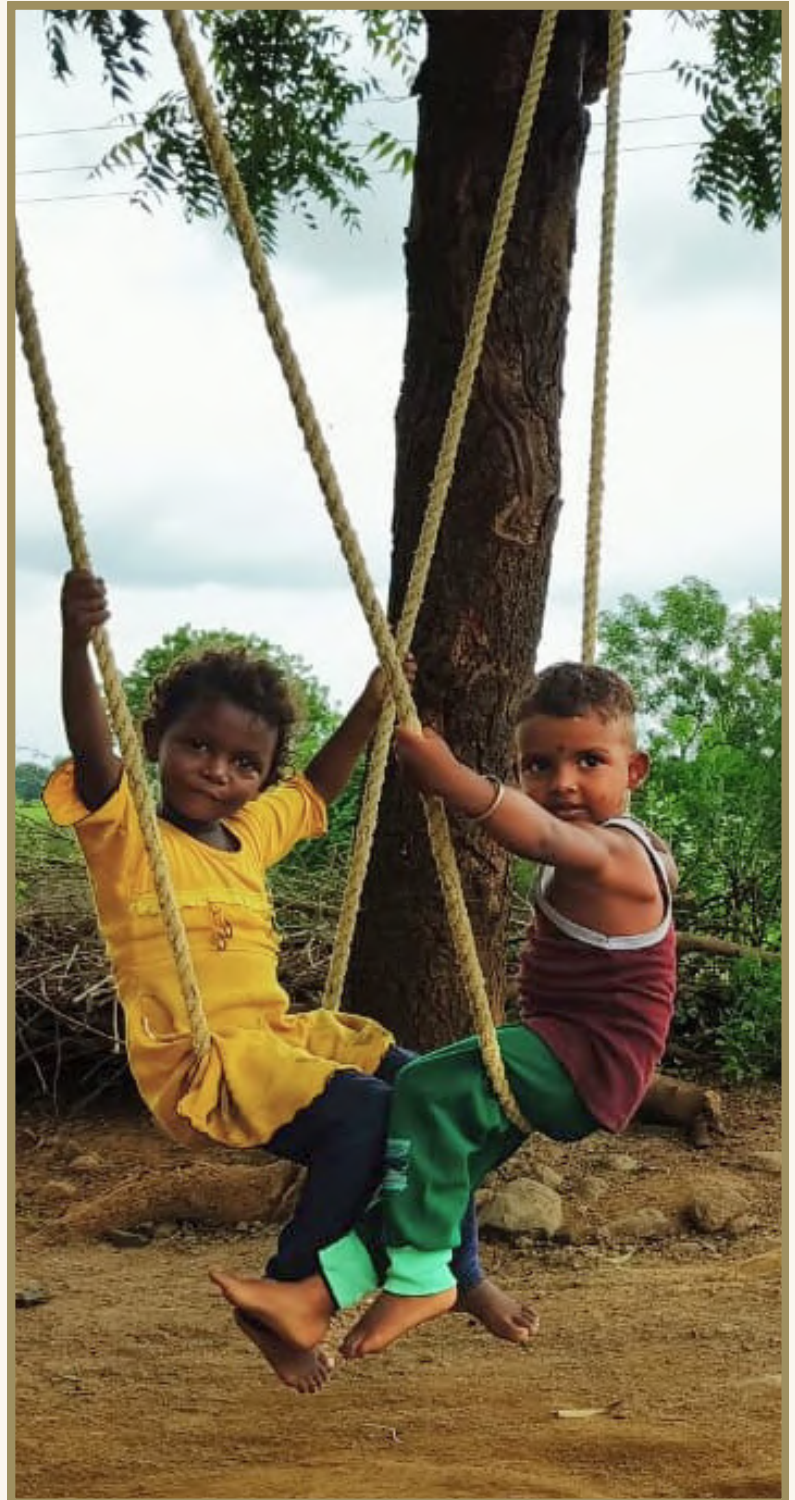
But we're **not alone** in this journey. We're proud to be supported by a network of foundations, institutions, and individuals from across the *globe*

HONORS AND ACCOLADES

In 2021, The Antara Foundation was privileged to receive the prestigious Mackenzie Scott Award. We joined a group of 13 non-profit organisations in India and 286 worldwide to be recognised for our unwavering commitment.

OUR FUTURE

The horizon ahead is promising. In the years to come, we envision deepening our roots, enhancing community engagement, and magnifying our impact. We're committed to strengthening our internal systems and building a more diverse and dynamic organization. We will achieve this by bolstering our internal systems, diversifying our staff, and welcoming young talent into our exceptional team.



GUIDING STARS

OUR VISION

Imagine a world where every mother and each child receives an equal start to a healthy life.

That's what we're striving for.

OUR MISSION

To achieve this vision, we're partnering with the government and communities to support the public health system in delivering solutions that improve maternal and child health outcomes.

Together, we're making it happen.



“

—
Every mother and each child deserves an equal start to a healthy life.

Message from the leadership



FROM OUR LEADERSHIP

Ten years ago, we embarked on a transformative journey driven by a profound sense of purpose and compassion. Recognising that the well-being of mothers and children held the key to societal progress, we envisioned a future where preventable tragedies could be averted. With unwavering commitment, compassion, and innovative thinking, **The Antara Foundation was born.**

As we celebrate our 10th anniversary, we reflect on our journey and our impact on our communities. Over the past decade, we have tested solutions, worked hand-in-hand with frontline workers, and diligently measured the results of our efforts. We are immensely grateful to our partners and supporters whose guidance and unwavering belief in our mission have been instrumental in our success.

The year 2022-23 proved to be transformative for The Antara Foundation as we welcomed Chandrika Bahadur as the CEO of the foundation. With her extensive experience in international policy, research, education, and organisation development, we are set to embark on a new phase of scale and impact under her inspiring leadership.



”
“The best solutions to complex problems often come from those closest to the issues.”

During this year, we expanded our operations to two new districts: Damoh and Khargone, both of which battle unique challenges. Damoh, an aspirational district, faces numerous social and economic barriers to accessing quality healthcare. Khargone encounters challenges such as dispersed villages and detrimental social norms. We are laying the foundation for our program in these complex geographies, gaining an in-depth understanding of the local context and challenges.

Recognising the need for an integrated model, we have shifted our focus from solely strengthening the health system to empowering the community as agents of change. By fostering awareness and collaboration among the community at the last mile, we aim to jointly address barriers to health delivery. This integrated approach holds great potential for enhanced impact.

As we chart our course for the future, we have begun designing a 5-year strategy, drawing from lessons learned and embracing ambitious goals. We value the input and feedback from our team, board, well-wishers, and advisors in shaping this strategy.

We are proud to have been honoured with "The CSR Project of the Year" at the 8th CSR Impact Awards 2022. This recognition was bestowed upon us for our impactful work in the Chhindwara district, made possible by CSR grants from the HT Parekh Foundation. Our commitment to research and contributions in the field of birth defects was acknowledged through the selection of two abstracts from The Antara Foundation for the International Conference on Birth Defects (ICBD).

As we move forward, we remain dedicated to our mission of creating sustainable and transformative change in healthcare, driven by our passion and the unwavering support of our stakeholders.



Ashok Alexander

Founder - Director

The Antara Foundation

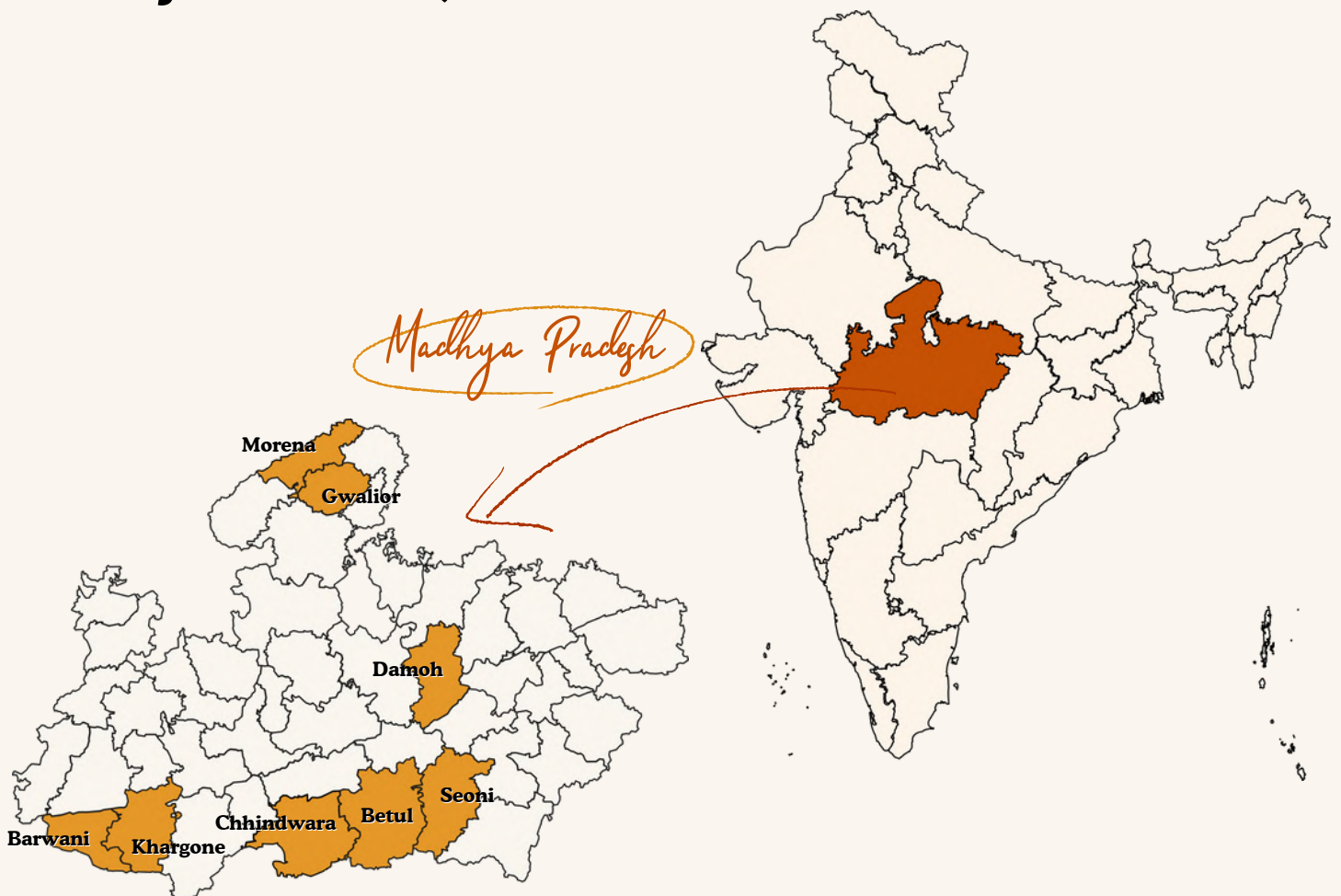
O U R
W O R K



EXPANDING OUR REACH

As we continue our journey, it's important to understand where we're making an impact.

Presently, our work extends across **eight districts** in **Madhya Pradesh, India.**



NUMBERS THAT MATTER



Over **3,75,000**
pregnant women and
lactating mothers



More than
6,10,000 children
under the age of 6

Across **5,700** villages

TRANSFORMING HEALTHCARE

The TAF Value Proposition

At The Antara Foundation, we're on a mission to improve the quality of healthcare delivered by the government system and empower communities to seek better health outcomes.



ON-GROUND HANDHOLDING

Improving frontline health workers' skills is pivotal for last-mile healthcare. Their expertise directly influences care quality. Our specialized training equips them with essential tools, ensuring timely identification and effective management of preventable health conditions at the village level. It also enhances safety during deliveries, including managing complications in labour rooms.



EARLY IDENTIFICATION

To support vulnerable women and children within the public health system, we proactively foster collaboration among frontline workers – the ANM, ASHA worker, and Anganwadi workers. This enables us to identify at-risk individuals, ensure data accuracy across departments, and prioritize and monitor services efficiently. We enhance system efficiency with improved tools, training, and support for frontline workers while strengthening managerial capacity and decision-making through close collaboration with supervisors.



EMPOWERING COMMUNITIES

We break down socio-economic barriers by working with the community to improve their awareness, collectivisation, and agency. We cultivate health consciousness and create demand for essential health services

FOSTERING A STRONGER HEALTHCARE SYSTEM

A deep dive at the nuts and bolts of our health system interventions.

HEALTH AND WELLNESS CENTRE (HWC) INTERVENTION

Works to embed MCHN into the Ayushman Bharat (AB) scheme, utilizing HWCs. With the participation of all frontline workers and under the leadership of Community Health Officers (CHOs), the initiative strives to improve the identification, screening, and management of high-risk cases, enhance data accuracy, promote inter-departmental collaboration, and ensure the delivery of high-quality MCHN services.



COMMUNITY-BASED DEMAND GENERATION

Mobilizes demand for public health and nutrition services by convening women's groups. These groups serve as a platform for beneficiaries to gather, enabling them to voice their concerns and solutions through interactive sessions. This approach not only fosters a sense of community among beneficiaries but also enhances their understanding of the available services, creating a supportive social environment that promotes and facilitates the access to health and nutrition services.



THE AAA PLATFORM

Brings the three frontline health workers (ANM, ASHA and Anganwadi Worker) on a collaborative data-sharing platform. This helps them create individual household level village maps, micro-plan work to focus on the highest-risk mothers and children and conduct regular meetings to review each other’s work.



8,000+

AAA meetings held across 3 districts¹



6,500+

village maps created by frontline workers in 7 districts²

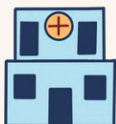


8,000+

frontline workers trained

NURSE MENTORING AND FACILITY ENHANCEMENT

Improves the knowledge and skill of nurses tasked with conducting deliveries in government health facilities; also trains them on enhancing and maintaining labor rooms to ensure full availability of essential drugs and equipment, infection prevention practices, and proper protocols.



75+

labor rooms enhanced as per government protocols in 6 districts³



450+

labour room nurses trained on childbirth skills, annually benefitting 55,000+ institutional deliveries



28%

rise in knowledge scores of birthing nurses in 2 districts⁴

1. Chhindwara, Betul and Seoni | 2. Chhindwara, Betul, Seoni, Gwalior, Morena, Barwani, and Khargone
 3. Chhindwara, Betul, Seoni, Gwalior, Morena, Barwani, Khargone, Damoh | 4. Chhindwara and Betul

MNCHN CAPACITY BUILDING

Strengthens knowledge and skills of frontline health workers and their supervisors on critical MNCHN themes along the 1,000-day period through classroom training techniques and on-site handholding.



23%

rise in knowledge scores in 3 districts⁵



9,800+

frontline workers and supervisors trained



RATIONALIZATION OF REGISTERS

Creates comprehensive, and easy-to-fill service delivery record books for frontline health workers to improve efficiency, data quality and decision-making.



The ASHA Diary 2 have been distributed across **52 districts**, benefitting **~63,000 ASHAs** with efficient record-keeping

SUPPORTIVE SUPERVISION

Builds capacity of health workers and supervisory cadres by equipping them with the training and tools for effective monitoring and supervision, especially through use of data.



25%

knowledge score increase for supervisors in 3 districts⁶



Stories from the field



Rajwati's Path to Safe Motherhood

MNCHN CAPACITY BUILDING

In Seoni district, Rajwati Inwati, a 30-year-old mother of four, was identified as a high-risk pregnancy case. When she arrived at the nearby Sub Health Centre for delivery, her blood pressure suddenly shot up.

The ANM and CHO administered medicines to manage Rajwati's high

blood pressure and conducted a full-body examination. They realized that Rajwati was at risk of delivering her baby on the way to the Sub Divisional Hospital.

The nurse mentors from The Antara Foundation in Seoni offered support through close monitoring, and the ANM-CHO duo successfully delivered Rajwati's baby. After the delivery, they referred the mother and newborn to the Sub Divisional Hospital, where Rajwati received the necessary medical attention.



TAF Nurse Mentoring Program Officer delivering MNCHN capacity building session

This intervention is part of our MNCHN Capacity Building program, where we equip ANMs and CHOs with the skills and knowledge required to handle critical cases and save lives.

Counselling and Timely Referrals Save Lives

AAA PLATFORM

Pooja, a resident of Majjiyapar, Chhindwara is a testament to how **timely interventions can make a world of difference.**

Pooja arrived for her ante-natal checkup with complaints of loose stools, weakness, and uneasiness at the Village Health and Nutrition Day (VHND). It was discovered that she wasn't taking her prescribed iron supplements.

Thanks to the AAA frontline healthcare workers, Pooja received counselling about the importance of iron supplements for a safe pregnancy. She began taking the iron tablets in her fifth month. **Pooja delivered her baby at the Community Health Centre in Bichhua, but her newborn weighed only 1.8 kilograms and faced difficulties in latching to initiate breastfeeding.**



The AAA frontline healthcare workers conducted regular home visits, including counselling by the ASHA on newborn care. Despite initial challenges and the baby's weight dropping to 1.6 kilograms, the ASHA's alertness led to timely intervention.

A team of healthcare workers and supervisors provided crucial counselling, resulting in the family seeking treatment at Chhindwara District Hospital. The baby made a remarkable recovery in the PICU, gaining 4 kilograms within five months.

This success is attributed to the AAA platform, which facilitates collaborative care for high-risk women and children.

Preventing a Potential Maternal Death

NURSE MENTORING AND FACILITY ENHANCEMENT

Debi, 22 years old, delivered her baby on the way to the Community Health Center (CHC) Pati in Barwani. She had a retained placenta, a vaginal tear, and post-partum haemorrhage, the largest cause of maternal death. The baby remained attached to the placenta for two hours.



TAF Program Officers on a home-based visit to Debi and her family

Our technical mentors arrived just in time to guide the facility staff in removing the placenta and managing the critical situation. Both the mother and child were brought to safety.

Through our nurse mentoring program, we teach nurses essential childbirth procedures and how to handle complicated situations like Debi's. We aim to avert potential tragedies through our work.



Debi with her newborn child

Averting Child Mortality Through Timely Identification

SUPPORTIVE SUPERVISION

Meet Lakshya, a 7-day-old infant from Shankarpur village of Mohkhed block, Chhindwara.

Struggling with breastfeeding and a high fever, Lakshya's condition was identified during an ASHA's home visit.

Recognizing the severity, the ASHA recommended the Special Newborn Care Unit (SNCU) for treatment. Initially hesitant, Jugni, the mother, eventually agreed due to the ASHA Supervisor's intervention.

At the SNCU, Lakshya was diagnosed with jaundice. After five days of treatment, Jugni returned home with a healthy and joyful Lakshya.



Jugni with her infant Lakshya accompanied by the ASHA worker

Our supportive supervision program aids supervisory cadres in identifying danger signs, managing critical cases, and counselling beneficiaries and families effectively. We stress the significance of supervisory involvement during home visits to ensure proper care.



THESE STORIES UNDERSCORE THE REAL IMPACT OF OUR WORK ON THE GROUND AND THE LIVES WE TOUCH AND TRANSFORM.

Year in Review



PROGRAM UPDATES

In 2019, The Antara Foundation **commenced its program in Madhya Pradesh through a tripartite Memorandum of Understanding with the Health and Family Welfare and Women and Child Development departments.** Collaborating closely with the government, we've implemented diverse interventions to enhance maternal and child health and nutrition *outcomes.*

Last year marked significant progress. While we continued evolving our interventions in Chhindwara, Betul, and Seoni, we successfully expanded into newer districts: Gwalior, Morena, and Barwani. In October 2022, we extended our program to two more districts in Madhya Pradesh, Damoh and Khargone.

Khargone, predominantly tribal, and Damoh, an aspirational district, present opportunities to devise innovative and scalable solutions while supporting the government's efforts to combat malnutrition and improve maternal and child health.

We are honoured to serve as the **Nodal Agency for LaQshya certification** in four intervention districts: Chhindwara, Seoni, Barwani, and Morena. This role allows us to mentor and support facility staff, ensuring compliance with labour room standards.

These achievements reflect our commitment to driving positive change and our dedication to collaborating closely with the government, striving for lasting impacts in Madhya Pradesh.



SCALING UP

In October 2022, our program interventions were launched in two additional districts - Damoh and Khargone



RECOGNITION

The Antara Foundation was honoured with "The CSR Project of the Year" at the 8th CSR Impact Awards 2022 for its impactful work in Chhindwara district, funded by CSR grants from the HT Parekh Foundation.



EXPANDED REACH

National Health Mission, Madhya Pradesh adopted TAF's ASHA due list tool in Chhindwara and the VHND Due list in Damoh, extending its use to frontline healthcare workers in non-TAF blocks.

QUALITY CERTIFICATION

Three Seoni facilities achieved LaQshya certification, recognizing quality standards adherence. Chhindwara secured three national-level certifications, while CHC Damua received a state-level award. Furthermore, Porsa CHC in Morena and CHC Niwali and Thikri in Barwani also attained state-level LaQshya certifications.



KEY MILESTONES

SUPPORT TO THE GOVERNMENT

01 Training and Monitoring

Our team provided training during the preparatory phase of the Dastak Abhiyan campaign, conducting spot checks and back checks using prescribed monitoring tools from NHM.



World Breastfeeding Week 2022 02

We reached out to **1,144** beneficiaries, frontline workers (FLWs), and supervisors during this week, enhancing their capacity, providing counselling, and delivering health and nutrition services.



03 Nurse Mentors Training

All TAF nurse mentors underwent a 6-day Skill lab training at Bhopal to enhance their skills and capabilities.



04 ASHA Incentive Brochure

Our team designed an ASHA incentive brochure that was distributed across the state, informing and motivating ASHA workers.



ANC PNC Care Packages Training 05

Training sessions for Antenatal Care (ANC) and Postnatal Care (PNC) care packages were facilitated in three districts: Damoh, Badwani, and Betul.



06 IEC Support

We offered Information, Education, and Communication (IEC) support to Health and Wellness Centers (HWC) on Janaushadi Divas and the various services offered by HWC.



07 Anaemia Campaign Monitoring

We provided monitoring support to the Maternal Health (MH) wing for the anaemia campaign.



State-Level Consultation on SDGs 08

TAF actively participated in the state-level consultation on the localization of Sustainable Development Goals (SDGs) to strengthen nutrition practices in Madhya Pradesh in March 2023.



09 NGO Appraisal and State Evaluation

We were part of the state appraisal team for NGO appraisal in Shahdol and Seoni. Our team also participated in the state evaluation of trainers on e-HBYC (e-Home Based Care for Young Children).



SEEKING INSIGHTS

Our pursuit of knowledge is unending.

Here are some of the significant research and studies that have illuminated our path –

Barwani Tribal Study

Our Aim

A comprehensive situation analysis of Barwani, an aspirational district in Madhya Pradesh.

The Focus

Understanding challenges like high rates of home deliveries, maternal and child mortality, and malnutrition among tribal communities.

Our approach

Examining access to healthcare, social norms, and the effectiveness of interventions.

The goal

Providing valuable insights for targeted interventions and community-based solutions.



Home Deliveries among Tribal Communities in Bhimpur, Betul - M.P.

What we seek

Understanding factors influencing home deliveries among tribal communities in Betul district, Madhya Pradesh.

How we do it

Combining qualitative and quantitative research to explore issues of access, affordability, service quality, and community beliefs.

The desired outcome

Evidence-based insights for targeted interventions and policies to improve maternal and child healthcare outcomes in tribal communities.



Migration Study in Damoh, M.P.

What we seek

Exploring the link between health and migration, aiming to address barriers in service delivery. in Damoh, a region affected by migration and in need of employment opportunities.

How we do it

Blended methodology of quantitative data collection and qualitative interviews.

The desired outcome

Informing targeted interventions and sharing knowledge for the advancement of public health.

MONITORING & EVALUATION KNOWLEDGE MANAGEMENT

INTRODUCTION OF QUALITATIVE EVALUATION TOOLS

The M&E team introduced two qualitative tools to evaluate the quality of healthcare services delivered by FLWs: the Village Health and Nutrition Day (VHND) checklist and the Home-Based Newborn Care checklist. These tools enable the assessment of training effectiveness and the delivery of high-quality services.

ICBD ABSTRACTS

Two abstracts from TAF were selected for the International Conference on Birth Defects (ICBD), highlighting our research and contributions in the field.

T20 POLICY ABSTRACT

TAF's policy abstract titled "Investing in frontline health workers for resilient health systems" was chosen by Task Force 6 of the T20, an official Engagement Group of the G20. This recognition demonstrates TAF's expertise in shaping policy discussions relevant to achieving the Sustainable Development Goals (SDGs).

ADOPTION OF OPTICAL CHARACTER RECOGNITION (OCR)

TAF explored the feasibility of using OCR technology for FLW knowledge assessments, replacing the manual data entry process. A successful pilot in Chhindwara prompted TAF's decision to adopt OCR for all FLW knowledge assessments, enhancing efficiency and accuracy.

KNOWLEDGE SHARING WITH BILL AND MELINDA GATES FOUNDATION (BMGF)

Our Monitoring and Evaluation (M&E) team organized a knowledge-sharing session with BMGF, where both teams exchanged experiences, best practices, and insights on data measurement, impact assessment, and monitoring.



IN THE MEDIA

Madhura Nirkhe, CEO of Antara International, highlights the inspiring stories of three resilient frontline healthcare workers with disabilities from rural Barwani district, contributing as Accredited Social Health Activists (ASHAs) and Anganwadi Workers (AWWs) focusing on child nutrition and well-being.



Nandita Arora, our Program Officer, sheds light on the challenges faced by mothers striving to overcome malnutrition in rural India during Poshan Maah (Nutrition Month).

Prerna Gopal, Chief of Staff to the CEO, talks about the inherent bias in society that prevents men from contributing and participating in getting women and children the healthcare they deserve. This blog emphasizes the significance of male engagement in postnatal care on #WorldBreastfeedingWeek 2022.



Our Supporters



OUR PARTNERS

We are proud to be supported by eminent organisations and individuals in the development and corporate sectors, as well as different Indian state governments. We are grateful to our partners for supporting us in our mission.



APOLLO

BILL & MELINDA
GATES *foundation*



Venture
Philanthropy

Mackenzie Scott Grant
(SVCF)



HEAR FROM OUR PARTNERS

The Antara Foundation has played a pivotal role in supporting the government's efforts to enhance maternal and child health services in Betul. Our contributions include knowledge enhancement, capacity building in MCHN, facilitating coordination among Anganwadi workers, ASHAs, and ANMs, creating beneficiary maps, and streamlining registers. We have significantly improved data percentages for the Department of Women and Child Development in Bhimpur, Bhainsdehi, Betul Rural, Shahpur, and Ghodadongri.

कार्यालय मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी, जिला बैतूल
क्र./एनएचएम/2022/ 7996 बैतूल, दिनांक - 11/7/2022

प्रशस्ति पत्र

लोक स्वास्थ्य एवं परिवार कल्याण विभाग तथा महिला एवं बाल विकास विभाग के समन्वय से अक्षिता कार्यक्रम के अंतर्गत अंतरा फाउण्डेशन द्वारा बैतूल में मातृ, शिशु स्वास्थ्य एवं पोषण के क्षेत्र में कार्य किया जा रहा है। अक्षिता कार्यक्रम का संचालन जुलाई 2020 से बैतूल जिले के भीमपुर, नैसदेही, बैतूल ग्रामीण, शाहपुर और घोड़ाडोंगरी ब्लॉक में किया जा रहा है।

कार्यक्रम के मुख्य उद्देश्य मातृ एवं शिशु स्वास्थ्य को बेहतर बनाना कार्यक्रम का प्रमुख उद्देश्य है जिसकी पूर्ति के लिये निम्नलिखित कार्य किये जाते हैं -

- मातृ व शिशु स्वास्थ्य एवं पोषण विषयों पर नॉलेज एसेसमेंट उपरान्त MCHN विषयों पर ए.एन.एम., सी.एच.ओ.एवं पर्यवेक्षकों का क्षमतावर्धन करना।
- आंगनवाड़ी कार्यकर्ता, आशा एवं एनएचएम के बीच में आपसी समन्वय बनाने, आंकड़ों के नक्शा बनाना एवं नक्शों पर लामाथी को चिह्नित करना।
- नर्स मेट्रिंग कार्यक्रम के अंतर्गत प्रसव कक्षा को सुदृढ़ बनाने हेतु कार्यरत स्टॉफ नर्स का कौशल एवं विकास हेतु क्लास रूम ट्रेनिंग ऑन आनसाईट मानिट्रिंग कर स्टॉफ का लेबर रूम आर्गेनाइजेशन, प्रसव के दौरान देखभाल और प्रबंधन, नवजात देखभाल और जटिलता प्रबंधन, प्रसव पूर्व देखभाल, प्रसव पश्चात देखभाल, इनफेक्शन प्रीवेंशन प्रैक्टिस और रिकार्ड एवं डाटा कलेक्शन पर क्षमतावर्धन करना। इस हेतु अक्षिता कार्यक्रम के अंतर्गत घयनिय पीएचसी सीएचसी के लेबर रूम स्टॉफ का नाम एवं कौशल मूल्यांकन एवं फीसिलिटी मूल्यांकन किया गया था जिसके उपरान्त मैस को पूर्ण करने एवं क्षमतावर्धन करने हेतु गतिविधियाँ आयोजित की गईं।
- सहयोगात्मक पर्यवेक्षण पर क्षमता वर्धन करने हेतु लेडी हेल्थ विजिटर, आशा सुपरवाइजर, लेडी सुपरवाइजर और सेक्टर सुपरवाइजर का समग्र-समय पर मातृ एवं शिशु स्वास्थ्य स्वास्थ्य एवं पोषण विषयों पर ट्रेनिंग देना एवं आंकड़ों के आधार पर मानिट्रिंग करना।
- रजिस्टर का सुक्ष्मकरण करना ताकि ग्राम स्तरीय AAA मंच के द्वारा अति जोखिम वाले लामाथी जैसे अति जोखिम वाली गर्भवती महिला, अति कुपोषित व कुपोषित बच्चे एवं आखिरी तिमाही वाली गर्भवती महिलाओं को प्रदान की जाने वाली सेवाओं का नियोजन और ट्रेकिंग करना।
- मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी के नेतृत्व और अंतरा फाउण्डेशन से तकनीकी सहायता के साथ मातृ व शिशु स्वास्थ्य एवं पोषण की समग्र गुणवत्ता को सुधारने के लिये कार्य किये जा रहे हैं, इन उपायों से भीमपुर, नैसदेही, बैतूल ग्रामीण शाहपुर और घोड़ाडोंगरी के महिला बाल विकास एवं स्वास्थ्य विभाग के आंकड़ों में अंतर प्रतिशत में सुधार आ रहा है।
- अंतरा फाउण्डेशन टीम का जिले में प्रशंसनीय सहयोग रहा है और कोविड-19 महामारी की रोकथाम हेतु व मातृ एवं शिशु स्वास्थ्य व पोषण सेवाएँ देने हेतु स्क्रीनिंग उपकरण एवं व्यक्तिगत सुरक्षा सामग्री, जैसे इफारेड थर्मामीटर, पल्स ऑक्सीमीटर A95 मार्क सेनिटाईजर, स्वयं वितरण का सहयोग निरंतर पूरे जिले में रहा है, जो सराहनीय है, धन्यवाद।

मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी
जिला बैतूल (MCHN)

OUR CONSISTENT SUPPORT HAS MADE A NOTABLE IMPACT IN IMPROVING MATERNAL AND CHILD HEALTH IN THE REGION.

Our Team



THE TEAM AT TAF

The Antara Foundation team has experienced significant growth, nearly doubling in size from 59 individuals at the end of the previous financial year (2021-22) to 108 individuals at the end of 2022-23. This rapid expansion reflects our dynamic and dedicated team, comprised of passionate individuals hailing from diverse regions across the country.

United by a shared determination to drive positive change, we embody values of humility and integrity, fostering an environment of continuous learning and feedback. Our team is committed to creating an impact at the grassroots level. To us, ensuring adequate healthcare services to women and children at the last mile is more than just a job – it's a calling.



BOARD MEMBERS



**Anjali
Alexander**

Anjali is former Chairperson of Mobile Creches, an organization that focuses on early childhood care for children of marginalized communities. She started her journey with Mobile Creches as a volunteer in 1994 and has worked in various capacities on the Governing Board since then. She is deeply involved in issues concerning children and women in the informal sector.



Ankur Puri

Ankur is a Partner with McKinsey & Company, based in its New Delhi office. He supports organizations adopting advanced analytics and artificial intelligence (AI) in businesses at scale and helps lead McKinsey's Analytics Academy globally. In his decade-long tenure, Ankur has advised clients on the application of advanced analytics to basic materials and commodity markets, power generation, manufacturing, and service operations across sectors. Ankur has worked with several public and private organizations in India, Europe, the Middle East, and Asia.



**Ashok
Alexander**

Ashok is the heart and soul of The Antara Foundation. He drives our thinking, values and relationships. He has over thirty-five years of experience and headed the Gates Foundation's India office for nine years. He led Avahan, the world's largest private HIV prevention program and oversaw grants amounting to a billion dollars. He was earlier the Director of McKinsey and Co. He was a Menschel Senior Fellow at the Harvard School of Public Health. He was educated at St. Stephen's College, Delhi School of Economics and IIM Ahmedabad. A renaissance man, Ashok is passionate about chess, art and writing.

BOARD MEMBERS



Krishan Dhawan

Krishan served as CEO for seven years with Shakti Sustainable Energy Foundation, an organization that works on policies that promote clean power, energy efficiency, sustainable urban transport and climate action. He is a founding trustee of IIMPACT, an NGO focused on literacy amongst rural girls in India. Krishan was earlier MD of Oracle India, as well as MD of Bank of America's Asia Corporate Banking Group in Los Angeles.



Meenakshi Ramesh

Meenakshi is a founding trustee of Citizen Matters, an online magazine for increasing citizen engagement in solving urban civic issues, with chapters in Bengaluru, Chennai and Mumbai. She is currently Executive Director and CEO of United Way Chennai, an organization that carries out holistic and sustainable interventions across sectors such as education, health, environment, livelihood, and disability. She has spent over seven years with Pratham, India's largest NGO in education. She has earlier worked with CRISIL and holds an MBA from IIM Ahmedabad.



Piyush Mehra

Piyush Mishra is the former CEO of The Antara Foundation with overall responsibility for its programs and functions in India. Currently, he is the Director of Operations and Transformation at Arthur D. Little. He has extensive CXO-level advisory experience in strategy formulation and implementation.



Dr. Rajani R. Ved

Dr. Rajani, with 30+ years of experience in women and children's health, health systems, and prior leadership at the National Health Systems Resource Center (Government of India), now directs health initiatives at the Bill and Melinda Gates Foundation's India office and serves as a visiting scientist at Harvard's T.H. Chan School of Public Health.

TECHNICAL ADVISORY GROUP



Dr. Ajay Mahal

Professor Ajay Mahal is a faculty member with the Nossal Institute for Global Health, University of Melbourne. Previously, he was the Alan and Elizabeth Finkel Chair of Global Health at Monash University and was on the faculty of the Harvard T.H. Chan School of Public Health. His research focuses on issues of health financing, service delivery and linkages in health and development, and he has evaluated health system interventions in low- and middle-income countries.



Dr. Audrey Prost

Professor Audrey Prost is a social anthropologist with training in epidemiology, and Director of the Centre for the Health of Women, Children and Adolescents at University College London (UCL). Her research focuses interventions to improve women's, children's and adolescents' health. Her current work focuses on developing participatory community interventions to improve early childhood development and adolescent health.



Dr. Prasanta Tripathy

Dr. Prasanta Tripathy is Co-founder and Director of Ekjut – an Indian non-profit involved in community-based studies to improve maternal and child health in underserved districts. He previously worked with Tata Steel in Jharkhand, where he helped shape the company's Corporate Social Responsibility (CSR) initiatives. He is a trained medical doctor and is an Ashoka Fellow and a LEAD (Leadership for Environment and Development) Fellow.

TECHNICAL ADVISORY GROUP



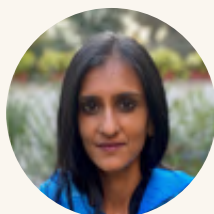
Dr. Purnima Menon

Dr. Purnima Menon is Senior Research Fellow at the International Food Policy Research Institute (IFPRI), where she leads the South Asia Nutrition Programs. In India, she directs POSHAN (Partnerships and Opportunities to Strengthen and Harmonize Actions for Nutrition in India), an initiative for evidence-driven approach to nutrition. She also serves on many advisory groups on nutrition including the Global Nutrition Report. Dr. Menon holds a PhD in International Nutrition from Cornell University.



Dr. Rajai R. Ved

Dr. Rajani has over 30 years of experience as a practitioner researcher in the area of women and children's health and nutrition, and health systems. As former Executive Director of the National Health Systems Resource Center (Government of India), she led the institutionalization of India's ASHA program, and the design and implementation support for Ayushman Bharat (Health and Wellness Centers). She is the Director of Health at the India office of the Bill and Melinda Gates Foundation, and a visiting scientist at the Harvard T.H. Chan School of Public Health.



Dr. Sapna Desai

Sapna Desai is an Associate with the Population Council, New Delhi and co-lead of the Evidence Consortium on Women's Groups. Her work focuses on women's health, community-based interventions and health systems research. She previously worked with the Self-Employed Women's Association (SEWA) and its national federation. Dr. Desai holds a PhD in epidemiology and population health from the London School of Hygiene and Tropical Medicine.

Financiáis



THE ANTARA FOUNDATION
 CIN: U85100DL2013NPL248051
 BALANCE SHEET AS AT MARCH 31, 2023
 (All amounts are in Indian Rs.in "Thousand's" unless otherwise stated)

Particulars	Notes	As at 31 March 2023	As at 31 March 2022
EQUITY AND LIABILITIES			
Shareholders' Funds			
Share capital	3	100.00	100.00
Reserves and Surplus	4	131,890.05	104,028.33
		<u>131,990.05</u>	<u>104,128.33</u>
Non-Current liabilities			
Long-term provisions	5	4,654.08	3,800.44
		<u>4,654.08</u>	<u>3,800.44</u>
Current Liabilities			
Trade payables			
(A) total outstanding dues of micro enterprises and small enterprises	6	230.22	-
(B) total outstanding dues of creditors other than micro enterprises and small enterprises	6	6,933.95	5,881.72
Other Current Liabilities	7	3,162.15	1,684.30
Short term provisions	8	70.99	86.99
		<u>10,397.32</u>	<u>7,653.01</u>
Total		<u><u>147,041.45</u></u>	<u><u>115,581.78</u></u>
ASSETS			
Non-Current Assets			
Property Plant and Equipments			
- Tangible Assets	9	9,675.12	5,519.93
- Intangible Assets	9	5,807.93	3,216.62
Long-Term Loans and Advances	10	1,962.98	1,962.98
		<u>17,446.03</u>	<u>10,699.53</u>
Current Assets			
Cash and Cash Equivalents	11	126,191.50	101,241.00
Short-Term Loans and Advances	12	2,630.06	2,169.89
Other Current Assets	13	773.86	1,471.36
		<u>129,595.42</u>	<u>104,882.25</u>
Total		<u><u>147,041.45</u></u>	<u><u>115,581.78</u></u>

Summary of significant accounting policies 2.1
 The accompanying notes are an integral part of the financial statements

As per our report of even date
 For ADEESH MEHRA & CO.
 Firm Regn No. 008582N
 Chartered Accountants

For and on behalf of the Board of Directors


 Adeesh Mehra
 Proprietor
 Membership No. 87366




 Chandrika Bahadur
 CEO
 PAN ANVPB9037G


 Anjali Alexander
 Director
 DIN 06450946


 Ashok Alexander
 Director
 DIN 02453481

Place: New Delhi
 Dated : 11.09.2023

THE ANTARA FOUNDATION
 CIN: U85100DL2013NPL248051
 INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31, 2023
 (All amounts are in Indian Rs.in "Thousand's" unless otherwise stated)

Particulars	Notes	For the year ended 31 March 2023	For the year ended 31 March 2022
INCOME			
Grants and Donations Received	14	269,731.06	172,769.78
Other income	15	3,716.44	3,355.07
TOTAL		273,447.49	176,124.85
EXPENDITURE			
Employee benefit expenses	16	126,496.98	66,596.63
Depreciation and Amortization expenses	9	4,324.41	3,182.90
Other Expenses	17	114,797.10	86,791.91
TOTAL		245,618.49	156,571.44
Excess of income over expenditure (excess of expenditure over income) before tax		27,829.01	19,553.41
Tax expense		-	-
Total Tax Expenses		-	-
Excess of income over expenditure (excess of expenditure over income) after tax		27,829.01	19,553.41
Earnings per Share			
- Basic		278.29	195.53
- Diluted		278.29	195.53

Summary of Significant accounting policies 2.1
 The accompanying notes are an integral part of the financial statements

As per our report of even date
 For Adeesh Mehra & Co.
 Chartered Accountants
 Firm Regn No. 008582N

Adeesh
 Adeesh Mehra
 Proprietor
 Membership No. 87366



For and on behalf of Board of Directors

Chandrika Bahadur
 Chandrika Bahadur
 CEO
 PAN ANVPB9037G

Anjali Alexander
 Anjali Alexander
 Director
 DIN 06450946

Ashok Alexander
 Ashok Alexander
 Director
 DIN 02453481

Place: New Delhi
 Dated : 11.09.2023

GLOSSARY

AAA: Pronounced 'triple A', we coined this term for the trio of three women frontline workers who deliver maternal and child health services in every village in rural India - the ANM (Auxiliary Nurse Midwife), ASHA (Accredited Social Health Activist) and AWW (Anganwadi Worker).

ANM: Auxiliary Nurse Midwife – a trained nurse who delivers important health services (such as immunizations and ante-natal care). An ANM typically covers a population of 5,000 (~4-5 villages).

ASHA: Accredited Social Health Activist – community mobilizer based in each village, who goes door to door, promoting health-seeking behavior, facilitating access to government health services, providing basic medicines, ensuring home-based newborn care, etc.

AWW: Anganwadi Worker – manages the AWC in every village and is primarily responsible for providing a hot cooked mid-day meal and conducting pre-school activities that aid early childhood care and development.

AWC: Anganwadi Centre – a type of a rural crèche/day care center. There is an AWC for every 1,000 population which is managed by an Anganwadi Worker.

LBW: Low Birthweight; when the weight of a newborn child is less than 2.5 kg.

ANC: Antenatal care – systemic supervision of a woman during pregnancy at regular intervals to monitor her health status and fetal growth, and identify high-risk pregnancies

HRP: High Risk Pregnancy – pregnancy at high risk of complications which can affect the mother, the baby or both. Underlying causes include anemia, high blood pressure, underweight/stunting and existing conditions like diabetes.

MNCHN: Maternal and Child Health and Nutrition (nutrition refers to both, the quality and quantity of food that is consumed by the mother and child).

HBNC: Home Based Newborn Care; the ASHA conducts 6-7 home visits in the first 42 days after delivery to provide counselling to both the mother and child.

SNCU: Special Newborn Care Unit; a unit in proximity to the labor room that provides care for sick newborns; SNCUs are staffed with specially trained doctors, nurses and support staff.

VHND: Village Health and Nutrition Day; a monthly day held in villages in India to provide primary health services to communities (e.g., immunization, ante-natal check-ups, family planning services).

1000-days: The crucial period from the time a woman conceives till the child's second birthday. The first 1,000 days are critical since this is when a child's brain begins to develop and when the foundations for their lifelong health are built.